



Region Headquarters (Central & East)
Region Adventure Training Technical Officer
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7th April 2024

Paddle Sport Introduction and Development Programme Calling Notice

General – Central and East Region are running a series of Paddle Sport Introduction and Development opportunities at Coldhams Lane in Cambridge. Nominations are invited for any of, or all the opportunities as listed below from CFAV's, Service Instructors, and Cadets over 16. Places will be offered on a first come first served basis, selected candidates will receive confirmation of a place and then joining instructions will follow nearer the time.

There will also be a Paddle Sport Instructor course on the last date for those that become eligible (14/15 September).

Course: These courses will facilitate for a range of ability from novice through to Instructor/Leader/coach qualified individuals. Introduction level includes paddle Start and Discover awards where development can include the Explore award, SUP Sheltered Water Award and some aspect of the Canoe Award and Paddle Sport Safety and Rescue Training.

Nominations for perspective candidates are requested to complete the form below and return to me via email. Anyone looking for specific personal performance development, please note on the form, we will try to accommodate wherever possible. Email me if you have any questions.

We are looking and would welcome any help from existing Instructors, Leaders and Coaches, anyone able to help, please send me an email as soon as possible.

Location: CAMBRIDGE URNU | ARC, Coldhams Lane, Cambridge, CB1 3HS

Dates:

- 20/21 July 24
- 10/11 August 24
- 14/15 September 24

Times: 09.00 to 17.30 each of the Saturday's and 09.00 to 16.00 on each of the Sunday's

Attendance: Candidates can attend all or just a selection of the opportunities, progression will depend on experience and how many opportunities taken. A note for those that wish to work towards achieving the requirements for the Paddle Sport Instructor course in September, a certain personal performance level is required and having completed a Paddle Sport Safety and Rescue training, all achievable through attending these dates.

Accommodation: Primarily this would be a non-residential course, but camping may be permissible subject to RAFAC regulations at the time.



Cost: There will be a nominal course fee to cover admin which is expected to be around £5 and where awards are gained, the British Canoeing appropriate fees will be required, they vary depending on the award and if membership is held, they range from £6 to £20.

Prerequisites: Individuals must be confident in the water while wearing any appropriate safety equipment. They must meet the requirements laid down within ACTI 024 version 6.0 in terms of swimming competency. Basic Swimming competence requirements can be found in ACPEDTI 005. Evidence of a higher standard would enable sign off – you can send any such evidence to me. Other cadet services and or Military organisations will have an equivalent which will need to be declared. Working day directive of 11 hours is to be maintained, this includes any travelling.

Booking: To book onto this course, return completed form below via email.

Sqn Ldr T King RAFAC

Regional Adventure Training Officer | Central & East Region | Air Cadet Organisation

ANNEX A

CENTRAL AND EAST REGION ATC

PADDLESPORT & DEVELOPMENT COURSE APPLICATION FORM

Personal Details	
First Name	Click here to enter text.
Surname	Click here to enter text.
Rank	Click here to enter text.
Squadron/Unit	Click here to enter text.
Wing/Military Org	Click here to enter text.
Course dates	Click here to enter text.
Contact Email	Click here to enter text.
Contact mobile	Click here to enter text.

Course Selection – <i>tick as required</i>		
Introduction – Start/Discover award		<input type="checkbox"/>
Introduction – Explore award		<input type="checkbox"/>
SUP sheltered water award		<input type="checkbox"/>
Paddle Sport Safety & Rescue Training		<input type="checkbox"/>
Personal Development (Specify)		<input type="checkbox"/>

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STAFF - PROTECT

Course Prerequisites

I understand that I need to meet the requirements of ACTI 024 as per ACPEDTI 005 or equivalent

Notes/previous experience/awards/aims/ambitions:

Completed application forms should be sent to ratto.ce@rafac.mod.gov.uk